In order to determine whether a patient's condition is anabolic or catabolic, Revici tests for certain characteristics (specific gravity, pH, and surface tension) of the patient's urine before treatment is initiated.

The effect of genetics on the CYP2D6 enzyme has been extensively studied, and we now know that total CYP2D6 deficiency occurs in about 6 to 10 percent of Caucasians, 3 to 6 percent of Mexican Americans, 2 to 5 percent of African Americans and about 1 percent of Asians Americans.